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**ALICE OTIENO, RN**

 **Summary:**

To work in an institution as a registered nurse where I can utilize my full potential with the help of the

health care team towards optimum patient care. Am a Registered Nurse with a total of 13 years’ experience in various settings. My career started in Amana Regional Hospital where I spent 2 years in medical surgical ward. Then I later Relocated to Muhimbili National Hospital where I started working at the Emergency medicine department from 2010 till now. I have a Strong ability to communicate effectively utilizing sound judgment, self- motivation, eagerness, and willingness to learn. Team oriented while always remaining a strong patient advocate.

**Experience:**

**January 2010 – Current**

**Muhimbili National Hospital**

Total # Beds: 1500

Staff Nurse: Emergency Medicine Department

Nurse to Patient Ratio: 1:8

# Beds in Unit: 45

**Responsibilities:**

* Practices comprehensive nursing care in accordance with professional values and moral principles and maintains confidentiality as appropriate.
* Prioritizes client’s needs and delegates aspects of nursing care to other nursing personnel within his/her scope of professional responsibility.
* Assesses, plans, implements and evaluates the nursing care of each client in accordance with client’s individuality, abilities, culture and choices.
* Assesses the quality and appropriateness of client care and resolves identified problems.
* Performs nursing care in response to clients’ needs supported by nursing knowledge, research and reflective practice.
* Documents the nursing care of each client from admission to discharge in accordance with the general principles and legal requirements for documentation.
* Promotes an environment which maximizes client safety by utilizing infection control practices and implementing the standards of clients’ safety programs.
* Collaborates with the multidisciplinary team and acts as a client advocate to ensure high quality client care.
* Utilizes and ensures maintenance of equipment and instruments as appropriate.
* Participates in teaching and assessing of junior colleagues.

**Cases Handled:**

COPD, Visceral injuries, Pneumonia, diabetic ketoacidosis, AKI, Renal Failure, Heart Burn, Chest

Pain, Headache, CVA, Confusion, High Fever, Septicemia, Head Injury, Ruptured ectopic

pregnancies, Peritonitis, Malaria, Severe Dehydration.

**Special Equipment Handled (Please insert)**

**September 2007 – November 2009**

**Amana Referral Hospital**

Total # Beds:400

Staff Nurse: Medical Surgical Ward

Nurse to Patient Ratio: 1:8

# Beds in Unit: 40

**Responsibilities:**

* Adheres to Data Privacy
* Proper Communication &Documentation
* Head to Toe assessment
* Assists Doctor’s Rounds
* Assessing and Proper Carrying out of Doctor’s orders.
* Medication administration
* Intravenous therapy
* Foley Catheter
* Blood Transfusion
* Blood Sugar monitoring
* Suctioning
* NGT insertion, Tube Feeding
* Pain assessment & management
* Coordination with Team members
* Efficient Time Management and Task Delegation
* Health Teaching
* Wound Care
* Pre and Post op monitoring
* Code Blue Management
* Infection Control
* Pressure Ulcer Prevention
* Fall Prevention
* Patient transfer and transport
* Hospital Information System Management

**Cases Handled Malaria , Tuberculosis, Meningitis,Asthamtic, Appendicectomy,**

**Peritonitis and intestinal obstruction ,Diabetic ketoacidosis, asthmatic attacks**

**Specialized Equipment Used:**

CPR Trolley, Cardiac monitor, Basic ventilator, Infusion Pump, Suctioning Machine,

Thermometer, sphygmomanometer, Pulse oximeter, Stethoscope, Nebulizer, Glucometer, Desktop

computer, standing scale, Oxygen equipment.

TRIAGE ASSESMENT:

Involves sorting of patient to enable the nurse to set priority of patients to be attended first.

PATIENT PRIOTIZATION:

Providing all medical care necessary to make sure the pts condition will not deteriorate and their vitals are within the health range.

DIAGNOSTIC TESTING

Approaches used in clinical practice to identify with high accuracy the disease of particular pt and thus providing early care ie at emd , we use ABG,ECG,CT SCAN,XRAY,ULTRASOUND AND TROPONIN.

WOUND CARE

At ed we Apply pressure to any bleeding wound to control bleeding to avowing pt losing blood.

COORDINATION

To ensure that all care providers, are organized so that all pts get the right care at the right time

PATIENT EDUCATION

Ensure patients is well educated from the first treatment on the disease treatment, follow up and importance of drug adherence.

EMOTIONAL SUPP0RT

Encourage patient to talk about their fears and worries in calm private and safe environment nurses have to listen actively without judging

CRISIS INTERVENTION

Short term management done to reduce potential permanent damage to an individual affected by crisis, ie divorce violence, passing of loved once, discovery of serious ill ness

**Specialized Skills, Licenses and Training:**

TANZANIA NURSES AND MIDWIFES COUNCIL

Neonatal Resuscitation Course: By THE CHURCH OF CHRIST OF LATTER DAYS

Basic Emergency Care course:By WHO/ICRC

Basic Emergency Nursing training: By EMAT

Advanced Emergency And Critical Care:By EMAT,MUHAS And MINISTRY OF HEALTH TANZANIA

**Education:**

Novermber, 2015 – September, 2019

Bachelor of Science in Nursing

Muhimbili University of Health and Allied Sciences

October, 2003 –Septermber, 2007

Diploma in Nursing

Muhimbili School of Nursing