

Esther Charles Pastory

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SUMMARY

I am a dedicated and compassionate caregiver with 3 years of experience of providing personal care, companionship, medical assistance to elders and children living with HIV and Tuberculosis. Proven ability to administer medication, assist with daily living activities, provide emotional support, seeking a position where I can utilize my skills to enhance the well-being of individuals in need.

EXPERIENCE

POSITION:Healthcare provider

ORGANIZATION: Tanzania Health Promotion Support-THPS

DURATION:2022 January -January 2025

RESPONSIBILITIES AND ACHIEVEMENTS

I provided personal care including bathing for both elders and children

I assisted with medication administration

I maintained a clean and safe environment for the client

I developed a positive and supportive relationship with the client and their family

I monitored side effects of medicines

I assisted them with daily medication reminders and managing medical schedule

I dispensed medication under instructions and guidance and other activities assigned.

PREVIOUS POSITION: Nanny

ORGANIZATION: Private Home

DURATION: 1 year

RESPONSIBILITIES AND ACHIEVEMENTS

Light housekeeping

Doing laundry

Tidying up toys

Reading

Story telling

Playing with them

Communication

Reliability

Bathing and dressing them

Food preparation and feeding

Preparation of milk formula

EDUCATION

Diploma of pharmaceuticals sciences

Kahama college of health sciences

2017-2020

SKILLS

*Personal care, medication administration, communication, emotional support, first aid,home healthcare, meal preparation, light housekeeping, transportation, record keeping, compassion, patience, reliability, problem-solving, time management,medication reminders

AWARDS

Certificate for Qualification of provision of comprehensive care to children living with HIV