CURRICULUM VITAE

NAME: PAUL FRANK KILONGOLA

PERSONAL INFORMATION

Date of birth: 10-10-1994

Gender: Male

Marital status: Single

Profession: Social Worker

Nationality: Tanzanian Phone No. 0654640233

E-Mail:- kilongolafrank@gmail.com

CARRIER OBJECTIVE

To apply my knowledge and expertise in order to work with community and ensure effective use of locally available resources to enhance improvement of the livelihood of community members through capacity building, empowering and encouraging active community participation from the inception of their diverse endowments.

HIGHLIGHT

Negotiation skills
Ability to oversee and collaborate
Ability to convey vision into reality with staff
Strong in enhancing employees'
Strong written and oral relations
communication skills
Personable and professional at all times
Possession of supervisory and managerial skills
Transparent and high integrity leadership

VALUES

♣ Discipline

♣ Commitment

♣ Hardworking

† Organization

♣ Vision

☆ Integrity and honesty

† Competence

† Creativity

- **Author of Spiritual books**
- Psychologists Guest of Television Programmes TBC1 particularly program known as "Saikolojia"
- **❖** Psychologists Guest of Radio Programmes PRAISE POWER FM RADIO **†** Counsellor at Shalom Counselling Center

PUBLICATION AND RESEARCH PAPERS:-

- **❖** BOOKS:-
- 1. Akili Yangu, Nafasi Yangu; Published on 2020
- 2. Mahusiano yangu ni moyo wangu; Published on 2021
- 3. Nafasi na Wajibu wa Vijana Katika Mifumo ya Nchi, Kwenye Majira ya Uamsho; Published on 2024
- **❖** ARTICLES:- Some of them are;
 - 1. "Kwanini Wasomi wengi hawanufaiki na degree zao?"
 - 2. "Kuvuta vitu au watu kwa fikra (Law of Attraction)"
 - 3. "Sheria ya kupitia mateso ili kufanikiwa (Theolojia ya Mateso)"
 - 4. "Kubali kubadilika, wewe sio jiwe! Hatua 3 za Mabadiliko"
 - 5. "Moja ya sababu kuu zinazofanya watu kuwa na uwezo mdogo wa kufikiri na kukosekana kwa kizazi cha mijitu yenye fikara pana (Great Thinkers)

RESEARCH PAPERS:-

- Utafiti Mdogo:- Je Mfumo wa Elimu ya Tanzania ni kwa ajili ya Maono au nafasi?
 Published on 2019, Place:-Mwanza, Mwala street.
- ❖ An Investigation on the factors that influences divorce for Youth marriages in Tanzania; A case study of ilala Municipal in Dar es Salaam Region.

Published on 2022

ACADEMIC EDUCATION

YEAR	AWARD	SCHOOL/COLLEGE
2020- 2023	Graduated	Institute of Social Work (Bachelor of Social Work
2013-2015	Advanced Certificate of Secondary Education (ACSE)	Eckernforde High Secondary School
2009-2012	Certificate of Secondary Education (CSE)	Eckernforde Cambridge Secondary School
2001-2007	Certificate of Primary Education (CPE)	Kwamgala Primary School

AWARDS

AWARDS

- ❖ The outstanding student in English, Swahili and Arts subjects {Eckernford High Secondary School, 2014)
- ❖ Certificate for active participation as a member of the Anti-Corruption Club at Eckernford Cambridge Secondary school, 2012.

SKILLS

A Language Skills:

- i. English (Very Good in reading, writing, listening and understanding)
- ii. Swahili (Excellent in reading, writing, listening and understanding)

***** Computer and Office Software Skills

Microsoft Office (MS Outlook, MS Word, MS PowerPoint, MS Excel) Internet

OTHER KNOWLEDGE, SKILLS AND COMPETENCE

- Facilitation and Presentation Skills.
- Project Assessment and data collection methods
- Identification of community problems and solving through group discussion.
- Entrepreneurial knowledge

REFEREES

1. Dr. Eliona Kimaro

Pastor Kijitonyama Lutheran Church

Contact:- 0655516053

2. Dr. Peter Magawe

Lecturer of Institute of Social Work

Contact:- 0782118031

3. Richard Haule Mtokambali

Lecturer of Institute of Social Work

Contact:- 0754092887

CERTIFICATION

I, the undersigned, do hereby certify to the best of my own knowledge and belief that, this CV correctly describes qualifications, my own experience and myself. I understand that any williful mis-statements described dhere in may lead to my disqualification or dismissal, if engaged P.Kilongola

Sgd: Paul Frank Kilongola