

CURRICULUM VITAE – BARAKA KIHIGA

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A. PERSONAL PARTICULARS:

Nationality : Tanzanian
Date of Birth : 27th August 1992
Place of birth : Mbeya, Tanzania
Sex : Male

B: PROFESIONAL SUMMARY

I am a highly motivated registered nurse with more than 6 years of experience in clinical and community settings. Passionate about leveraging technology to improve patient outcomes and support evidence-based care.

C. EDUCATIONAL BACKGROUN

YEAR	LEVEL	INSTITUTION	AWARD
2014 - 2018	University level– Bachelor of Science in Nursing	St. John’s University of Tanzania	Bachelor of Science in Nursing (B.S.N) certificate
2012- 2014	Advanced Level of Secondary School education	Rungwe Secondary School	Advanced Certificate of Secondary Education (A.C.S.E)
2008- 2011	Secondary Education	Usongwe secondary school	Certificate of Secondary Education (C.S.E)

D. WORKING EXPERIENCE AND TRAININGS

❖ WORKING EXPERIENCE

○ Migration health nurse – IOM Tanzania

- July 2022 to June 2025 with the following key responsibilities;
-Perform daily nursing activities in the Migration Health Assessment Clinic (MHAC) to fulfil the technical requirements of the resettlement countries. -
Provide information and detailed explanations to the migrants and/or refugees in relation to: •The migration health assessment process; and, •Treatments and referrals

-Follow and implement the Health Assessment Program’s checklists and SOP’s and maintain standard universal precautions within MHAC.

-Verify samples of sputum, blood or others are properly transported to the laboratory or previously designated location.
-Maintain and monitor the MHAC pharmacy, stock, medical kits and emergency kits within the MHAC and for medical escorts if applicable.

-Provide pre and/or post counselling to migrants or refugees on TB or HIV education, prevention, and management as appropriate.

- Team member – data quality assurance – ICAP Tanzania
May 2022 to June 2022
- Registered nurse – Médecins Sans frontières (MSF) Tanzania
May 2020 to December 2021
 - at Nduta refugees' camp, I worked in Emergency room, I worked in pediatric department, and I worked as a COVID 19 response team nurse

Responsibilities

- Knowing, promoting, implementing, and following up the universal hygiene standards/ precautions, bio-hazard prevention and infection control, security rules and other protocols and procedures in the medical premises and ensuring high standards of hygiene of his/her working environment. Respecting medical secrets and confidentiality at all times,
- Being able to quickly handle a patient with emergency signs on the principle of A, B, C, D
- Organizing and carrying out care and treatments according to medical prescriptions, and assisting during consultations, daily rounds, and other medical procedures. Participating in health education of the patient (and family) when necessary.
- Ensure vital signs are taken at the respected times and at times of deterioration and report and act any abnormalities
- Perform basic laboratory test (MDRT, blood sugar and Hb).

- **HIV index tester and family planning provider** – USAID Boresha Afya, Morogoro regional referral hospital
February 2020 to April 2020
- **Intern nurse** – Morogoro regional referral hospital Tanzania
November 2018 to November 2019

E: TRAININGS AND CERTIFICATION

- Basic life support
- Advanced cardiovascular life support.
- Bsafe(online)
- Prevention of sexual exploitation and abuse(online)
- Best practice in prevention of fraud and misconducts(online)
- I know gender(online)
- IOM vaccination program(online)

F: LANGUAGES

Language	Speaking	Listening	Writing	Reading
English	Very good	Very good	Very good	Excellent
Kiswahili	Excellent	Excellent	Excellent	Excellent

G. SKILLS

- Computer skill (Software): Microsoft Office (Excel, PowerPoint, Word, PDF reader),
- Communication skills
- Guidance and Counseling.
- Problem solving skills.

H. REFEREES

- DR MWESIGA BENEDICTO, Migration health physician- IOM Tanzania, bmwesiga@iom.int - 0623522748
- DR MARIAN HAMIS, Migration health physician- IOM Tanzania, mhamis@iom.int - 0745903691
- DEO KINYAGA, Occupational safety officer at Occupational safety and health authority (OSHA), Email: kinyagadeo@gmail.com, Phone: +255712093802